

## EARLY START

Warm Cheese & Ham Roll	\$2.00
Warm Milo	\$1.00
Pikelets Plain, Butter or Jam	\$0.40
House made Muffins Blueberry, Apple cinnamon	\$0.50
Hot Ham & Cheese Pocket	\$1.00

## HOT FOOD (Orders Only)

Large Chicken Tenders	\$1.30
Chicken Wedges (each)	\$0.90
Corn Cob	\$1.00
Lean Sausage Roll	\$3.00
Lean Small Pie	\$2.50
Lean Large Pie	\$3.80
<b>TOMATO/ BBQ SAUCE</b>	<b>\$0.40</b>
<b>In House Pizza:</b>	<b>\$4.00</b>



- Salsa , Mushroom, Capsicum, Cheese V
- BBQ Sauce, Chicken & Cheese
- Salsa, Ham, Pineapple, Cheese
- Salsa & Cheese V

Ham, Cheese, Wrap (toasted)	\$4.00
Hot Chicken & Gravy Roll	\$4.20
Pasta Tomato Salsa & Cheese V	\$4.00
Pasta Bolognaise & Cheese	\$4.50
Lasagne	\$4.50
Fried Rice GF	\$4.00
Vegetables & Hokkien Noddle Stir Fry V	\$3.50
<b>Add Chicken</b>	\$4.50
<b>Baked Jacket Potato GF</b>	\$4.00

### Choose your topping:

Baked Beans V/Bolognaise/Ham/Diced Chicken/HM Salsa GF  
**Add** Cheese, Greek Yoghurt, Sweet Chilli

**Nachos** –Corn Chips Tomato Salsa & Cheese GF V \$4.00

**Nachos** –Corn Chips Beef & Cheese GF \$4.50

**CREATE YOUR OWN BURGER \$5.00**

Choose from: Lean Beef Patty/Grilled Chicken Patty/Chicken Schnitzel

### Choose Your Salad and Sauce

Lettuce/tomato/Carrot/Cucumber/Beetroot/Pineapple/Cheese/  
 Mayo/BBQ/Tomato or Sweet Chilli

**Chicken & Cheese Burger** Chicken Patty Cheese& Sauce \$4.00

**Cheese Burger** Lean Beef Patty Cheese & Sauce \$4.00

Gluten Free = GF. V = Vegetarian

## SANDWICHES WRAPS & ROLLS

All can be toasted

<b>White rolls &amp; Wraps (extra)</b>	<b>\$0.60</b>
Vegemite/ Honey/ Jam	\$2.00
Cheese/ Baked Beans/ Spaghetti/Egg & Mayo	\$2.50
Ham/ Chicken/ Tuna	\$3.00

### Extra Filling:

Lettuce/Tomato/Carrot/Cucumber/Pineapple/Beetroot/  
 Cheese each **\$0.50**

**Basic Salad Sandwich V** \$3.50

(Lettuce, Tomato, Carrot, Cucumber, Cheese).

**Add:** Ham/ Chicken/ Tuna **\$1.00**

**Chicken Wedge Wrap** (Wedges,Lettuce,Tomato,Carrot,Cheese)

**Sauce** Sweet Chilli/BBQ/Tomato Sauce/ Mayo \$4.50

## CREATE YOUR OWN SALAD BOX GF V

Small \$4.50 Large \$5.50

### Choose from:

Lettuce/ Tomato/ Carrot/ Cucumber/ Pineapple/ Corn/  
 Beetroot/ Cheese.

### Add:

Ham/ Chicken/ Tuna/ Whole Egg **\$1.00**

**Chicken Schnitzel, Beef or Chicken Patties \$2.00**

**Caesar Salad Small \$4.50 Large \$5.50**

(Lettuce, Lean Ham, Cheese, Egg, Croutons, Caesar Dressing)

**Add:** Chicken **\$1.00**

## GLUTEN FREE OPTIONS

Gluten free Chicken Tenders	each	\$1.20
Chicken Tender with Small Salad		\$5.50

*Parents are welcome to bring in Gluten Free cupcakes for birthday parties, bread for sandwiches. We can also heat pies and Sausage rolls. Simply place in a container with name & class clearly marked and we will store in our freezer.*

## WOONGARRAH WEEKLY \$3 DEALS

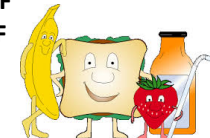
Please check the board at the front of the canteen to see the weekly \$3.00 dollar deals

These deals will combine food and small drink and will be changed weekly.



## ALL DAY SNACKS

Ham & Cheese Pocket	\$1.00
Vegemite or Garlic Scrolls Small (house made)V	\$0.20
Warm Macaroni & Cheese Cups Lrg	\$1.00
Large Beef Dim Sims	\$0.50
Fresh Fruit Kebabs (seasonal)	\$1.00
Fresh Fruit Salad OR Watermelon Cups Sm	\$1.00
	Lge \$1.60
Mixed Grape cups Sm	\$1.00
Fresh Fruit	\$1.00
Mango or Mixed Berry& Vanilla Yoghurt cups Sm	\$1.00
	Lge \$1.50
Red Rock Deli Chips Sea Salt	\$1.50
Popcorn Plain GF V	\$1.00
Hummus & Vegie Sticks V GF	\$1.20
Hummus & Corn Chips V GF	\$1.00
Custard Cups GF	\$1.00



## DRINKS\_AVAILABLE\_ALL\_DAY

Water 300mls	\$1.00
Water 600mls	\$2.00
Flavoured Milk Light 300ml (Chocolate, Strawberry,)	\$2.20
Juice 250ml (Apple, ABC & Orange)	\$2.00
Warm Milo	\$1.00
Slushy 99% Fruit Juice	\$2.00
Fruit Smoothie Seasonal Fruit &Honey GF	\$1.50

## FROZEN TREATS

Frozen Fruit Cups (Orange or ABC) GF	\$1.00
Vanilla Ice Cream Cups GF	\$1.00
Quelch Fruit Sticks (99% Juice) HALF \$0.30 FULL	\$0.50
Juicie Tubes 98% Fruit Juice (Tropical, Berry)	\$1.20
Moosies ( Chocolate, Blue Moon)	\$1.20
Frozen Juice Pops	\$0.10
Frozen Jelly Sticks	\$0.20

PLEASE STATE ON LUNCH BAGS OF ANY ALLIGIES

**Thank You For Your Support**

**Woongarra Public School 2021**

# Canteen Online Order System

## ONLINE ORDERING



- Available 24/7
- Convenient for parents
- Removes paper orders and cash
- FREE registration

Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device.

No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school.

Registration is free and only takes a few minutes.

## EASY, ONLINE REGISTRATION

- Go to [www.flexischools.com.au](http://www.flexischools.com.au)
- Click REGISTER NOW
- Enter your email
- You will be emailed a link to an online form - follow the link
- Choose a username and password and complete the form
- Add each student and their class
- Top-up the account - VISA or Mastercard preferred.



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App Store.



# Woongarra Public School

## 2020

