



# WOONGARRAH PUBLIC SCHOOL

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Principal: Leonie Clarkson

Preparing our students for the opportunities and challenges arising in an ever changing world as successful learners, confident, connected and creative global citizens.

Friday 17 August

NEWSLETTER

Issue 11

## FROM THE PRINCIPAL

### TELL THEM FROM ME SURVEYS 2018

209 students in Years 4, 5 and 6 participated in the *Tell Them From Me* surveys earlier this year. The focus of the surveys is on student engagement and wellbeing to provide information on a range of areas, such as teaching practices, student aspirations and leadership, from the perspectives of students. Students and teachers have completed the surveys since 2015. Parents were included in 2015 and 2017 however participation rates were too low for results to be considered valid. This year we have also decided to participate in the second student snapshot survey later this term.

Some of the findings from the first survey snapshot include:

- 96% students believe that schooling is useful in their everyday life and will have a strong bearing on their future.
- 51% have positive homework behaviours (NSW 63%). Only 30% of Year 6 students report positive homework behaviour.
- 91% have positive behaviour at school (NSW 83%)
- 92% try hard to succeed in their learning (NSW 88%)
- 92% of Aboriginal students agreed or strongly agreed that I feel good about my culture when I am at school and that my teachers have a good understanding of my culture
- 46% of students have high perseverance to learn, 44% medium, 10% low
- There was a reduction in bullying responses from 42% to 29% (20% of girls, 37% boys). NSW Norm is 36%
- The percentage of students showing early signs of disengagement is lower than NSW Norms in each year.
- Positive teacher-student relationships, with a score of 8.6, which is above state mean.

### NCCD STATISTICS

We recently completed the Nationally Consistent Collection of Data (NCCD) return for 2018. You may be interested to know that there are 147 students at Woongarra who require adjustments to learning for:

Physical disabilities (27)

Cognitive disability (68)

Social / emotional disability (45)

Sensory (7) disability.

Each one of these students has an individual plan to meet their needs at school that is developed in consultation with parents and carers. It is quite a remarkable undertaking and one in which our school excels.

### KINDERGARTEN SPEECH AND LANGUAGE PROGRAM

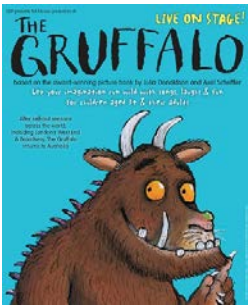
Our Kindergarten Speech and Language Program has achieved outstanding results again in 2018. First introduced in 2011, this early intervention program ensures that all Kindergarten students know the basic concepts that are fundamental to understanding verbal instructions and essential to early school achievement. The Boehm Test of Basic Concepts is a test used to assess student's

knowledge of basic relational concepts. This information is used to identify groups or individuals students who require extra assistance with specific concepts.

In term 1, 60% of students entering Kindergarten scored in the lowest band. Extra support was provided through the class teaching programs and from an allocated School Learning Support Officer. Students were re-assessed at the end of Term 2, with only two students remaining in the lowest band. The number of students in the highest band increased from 10% in Term 1 to 66%. The average improvement was 11.6 concepts. These statistics and outcomes are very pleasing.

Leonie Clarkson      PRINCIPAL

### STAGE 1 GRUFFALO EXCURSION



Just a reminder that the payment for the live performance of the Gruffalo must be made (including electronic payments) by 31st August as final numbers are required by the theatre. As a result NO payments will be accepted after this date. Please remember to return the signed permission note to school.

W. White  
Assistant Principal

### 'FIND YOUR TREASURE' BOOK FAIR IS COMING TO THE LIBRARY

In week 9 of this term (Monday 17 – Thursday 20 September), we will be holding our annual Book Fair. Just like last year we will be having a Scholastic Book Fair and hopefully it will be as successful as last year.

The fair will be open before and after school from Monday until Thursday. (Thursday afternoon will be the last chance to purchase books). We hope to see everyone at our fair. Prices of books and stationary will range \$1 to \$25. EFTPOS facilities will be available.



### BOOK PARADE

To celebrate Book Fair coming to our school, we will be holding our Book Parade at 1.45pm on Tuesday 18 September. As the theme for our Book Fair is 'Find your treasure,' it would be wonderful to see everyone dressed in something they would wear when they are finding treasure or a character from a book they treasure! We look forward to seeing everyone dressed in their favourite costume.

Sharon Gilbert Teacher/Librarian

### KINDERGARTEN ORIENTATION

We have started preparing for Kindergarten Orientation 2018. If you have a child commencing school in 2019 please come to the office to collect an enrolment form.

Due to a clash of timetabled events, the dates for Kindergarten Orientation have changed slightly. The new dates are: **Wednesday 24 and 31 October and Wednesday 7 November.**

The sessions will start at 9:30 and finish at 12:30 each day. The parent information session will be on Wednesday 24 October 9:30-12:30.

If you have any questions about Kindergarten Orientation please see Mrs Samantha Guest.

## ATHLETICS CARNIVAL

Congratulations to all the boys and girls who competed in the Athletics Carnival this year. This year we trialled digital timing gates for the first time and we were very pleased with the results.

We had a number of outstanding individual performances on the day. The boys and girls listed below have broken school records.

100m – Abbie 9 year girls

100m – Hope 12 year girls

Long Jump – Kai Junior boys

Our age champions were fantastic athletes whose consistent results across all track and field events saw them accumulate the most points for their age groups.

Senior Boy champions – Max and Jake

Senior Girl champions –Sienna.G

Junior Boy champion – Cooper

Junior Girl champion – Sienna.C and Sienna.B

House Points – 1st Kangaroo 108    2nd Platypus 57    3rd Dolphins 50    4th Goanna 20

The Wallarah Zone Athletics Carnival will take place at Mingara on Thursday 30 August. Students who have qualified for this carnival will have already been notified at school and given a note. Each school may enter two competitors in each division of the 100 metres, 200 metres, 800 metres, long jump, discus and shot put. The divisions for the 100metres are 8 years, 9 years, 10 years, 11 years, 12 years and 13 years. The divisions for the rest of the events are Junior (8, 9 and 10 years), 11 years and 12/13 years.

Any further questions regarding results or zone selection please don't hesitate to contact me.

Adam Demir   Sports Coordinator

## SENIOR PSYCHOLOGIST CORNER

In speaking with children and adolescents, I am often hearing them describe sleep problems. We tend to take sleep for granted and assume it happens easily and naturally. However, research shows that good sleep is influenced by many factors; and people who are experiencing anxiety and depression are especially known to suffer sleep problems.

One of the best ways to improve sleep and your overall wellbeing, is to consider what works well and what doesn't. Things that are known to make sleep worse include: napping during the day, watching television in bed, using a device with a bright screen in the hour before bedtime (e.g. smartphone, tablet), drinking caffeine-based drinks (tea, coffee, cola, hot chocolate, cola, energy drinks), drinking alcohol; and eating a heavy meal less than 3 hours before bedtime. Hard to believe but many youngsters complain of poor sleep, yet they also admit to looking at their tablet or phone whilst lying in bed trying to sleep!

Research into sleep disorders has shown that what does improve sleep includes the following: regular exercise (3 X 30 mins per week), relaxation exercises such as progressive muscle relaxation and slow breathing exercise; and having a relaxing bedtime routine. This routine could be taking a bath or shower, reading a 'comfortable or light' story or article; and making sure your bed itself, your pillow, the temperature in the room and the noise level is all comfortable and conducive to good sleep.

Ruth Jenkins  
Senior Psychologist, Education

## WE CAUGHT YOU BEING GOOD

Riley HB21	Jye HB21	Lucas HB1	Ruby R HB1	Ruby K HB1
Joy HB21	Layla HB21	Cooper HB21	Matilda HB21	Keira HB21
Emily HB21	Laila HB7	Skye HB10	Jesse HB10	Ethan HB8
Jack HB10	Brody HB9	Ryan HB6	Brayden HB10	

## K-6 ASSEMBLY ROSTER

Assemblies occur once per fortnight for Years 3-6 and once per fortnight for Years K-2, on alternate Fridays. Parents and community are most welcome to attend the assembly that commences at 9:15am in the school hall.

Week	Assembly	Who is running Assembly
5	3-6	Ministers (Talent Quest)
6	K-2	HB13
7	3-6	HB3
8	K-2	HB11 Thursday
9	3-6	HB2
10	K-2	HB10

Assembly in Week 8 (HB11 hosting) will be on Thursday at 9:15 as Stage 1 are at an excursion on Friday Week 8.

## ASSEMBLY AWARDS

HB1	Max, Zane, Sarah, Peyton, Eva
HB2	Archer, roman, Lewis, Madeline, Chloe
HB3	Tyran, Rhiannon, Harry, Jeremy, Keira, Hayley
HB4	John, Chloe, Porshia, Jordan, Ben, Charli
HB5	Ethan, Archie, Sophia, Winter
HB6	Elijah, Aswathi, Ryan
HB7	Jaime, Audrey
HB8	Chloe, Dawson
HB9	Marley, Jacob
HB10	Aeisha, Ava
HB11	Tyson, Jayden
HB12	Aidan, Thomas, Kiarah
HB13	Tikira, Ethan
HB14	Summah, Maika
HB15	Cameron, Hannah, Jack, Evie, Marcus
HB16	Kaden, Gui, Emily, Blake, Sienna
HB18	Kate, Taj, Riley, Lukas, Ethan
HB19	Conor, Erica, Tanaya, Charli, Hanne, Kai
HB22	Jude, Lachlan, Ashton, Lily, Caitlyn, Isabella

## CANTEEN ROSTER

To keep the canteen running smoothly we are in desperate need of help on Wed, Thurs and Friday. Please contact the office, or Helen in the canteen, if you are able to help. Thank you in advance.

Tuesday	Wednesday	Thursday	Friday
21 Aug Grace, Jenny	22 Aug <b>Help Needed</b>	23 Aug Trasi, <b>Help Needed</b>	24 Aug Debra, <b>Help Needed</b>
28 Aug Grace, Jenny	29 Aug <b>Help Needed</b>	30 Aug Trasi, <b>Help Needed</b>	31 Aug Karen, Debra

# TERM 3

5	20 AECG @ Tacoma	21	22 Hunter Maths comp	23 Father's Day stall	24 S2 netball gala day Assembly - Talent Quest
6	27	28	29	30 Zone Athletics	31 Newsletter Assembly – HB13
7	3	4	5 P&C Meeting 9am	6 WCS Science Day	7 Assembly – HB3
8	10 Stage 3 camp	11 Stage 3 camp	12 Stage 3 camp	13 Stage 3 camp Assembly – HB11	14 S1 Gruffalo excursion Newsletter
9	17 SN athletics Book Fair – all week	18 Book Parade 1.45pm	19	20	21 Assembly – HB2
10	24	25 School Performance Moz's Monster Music Mix	26	27	28 Term 3 in review – newsletter Assembly – HB10