



WOONGARRAH PUBLIC SCHOOL

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The inclusive and caring school where expert staff support students to achieve excellence.

Thursday 18 May

NEWSLETTER

Term 2 Week 4

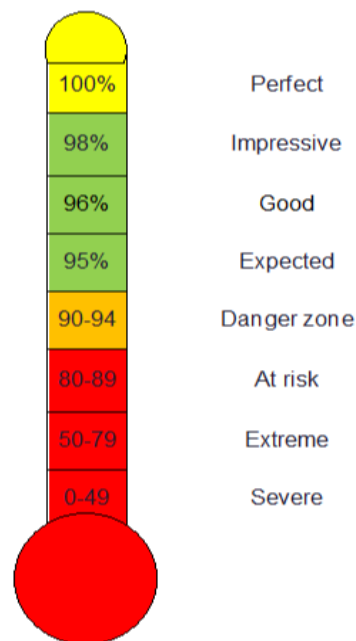
Attendance Updates

95% attendance or above is our expected attendance rate and it was terrific to award 71 certificates for 95% or above attendance in Term 1.

278 students received a certificate and ice-block for 95% or above attendance in the first fortnight of this term. 235 students are on track to receive one for this fortnight.

This week, the Attendance Team are looking at students with attendance rates between 80-90% to see how we can support them to improve and to move out of the educationally at risk zone.

Please remember that **every day counts**, and every absence needs to be explained in a timely way. Skoolbag, Sentral, a note or a phone call are all easy ways to explain an absence on the day.



ACTIVE KIDS ARE HEALTHY KIDS



FRIDAY 19 MAY 2023

Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU

[@nationalwalksafetoschoolday](https://www.facebook.com/nationalwalksafetoschoolday) [@natwalktoschool](https://www.instagram.com/natwalktoschool) [@natwalktoschool](https://www.twitter.com/natwalktoschool) #WSTSD



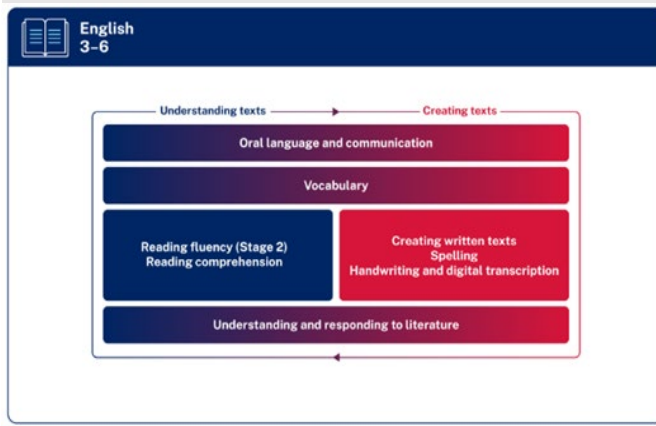
SUPPORTED BY THE AUSTRALIAN GOVERNMENT AND ALL STATE, TERRITORY AND LOCAL GOVERNMENTS



Assemblies

Week	Day	Year	Hosting
4	Thursday 18 th May	3-6	HB4
5	Friday 26 th May	K-2	HB11
6	Friday 2 nd June	3-6	HB3
7	Friday 9 th June	K-2	HB10
8	Friday 16 th June	3-6	HB2
9	Friday 23 rd June	K-2	HB5
10	Friday 30 th June	3-6	HB1

LITERACY AND NUMERACY @ WPS



Comprehension, the goal of reading!

When reading we take meaning from the words on the page. Comprehension is the complex thinking process readers use to understand what they read. Successful readers continually monitor if something "makes sense" to them and if it doesn't, they go back and re-read.

Our stage 3 students have been developing their comprehension skills. Look at some of the learning that has been taking place!



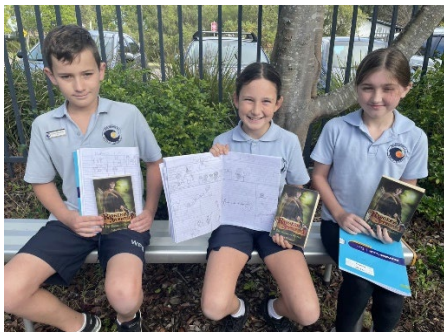
HB7 are working with Miss Forster on wide reading of engaging texts.



HB8 are enjoying the class novel 'Deltora Quest'.



HB22 are reading their library genre books in partners and giving each other feedback on fluency.



HB15 are reading Ranger's Apprentice and completed a visualisation task to help with comprehension.



HB16 students are enjoying reading The Lion the Witch and the Wardrobe outside.



Reading comprehension at home

Before reading: Talk about the cover, the title, the pictures, and discuss what the book may be about.

During reading: Discuss what has been read up to that point and imagine what will happen next time.

After reading: Talk and ask questions about the story and the pictures.

- What was your favourite part?
- Tell me about the characters.
- What do you think will happen next?
- What did you think about that setting?
- What do like/ dislike about this book?

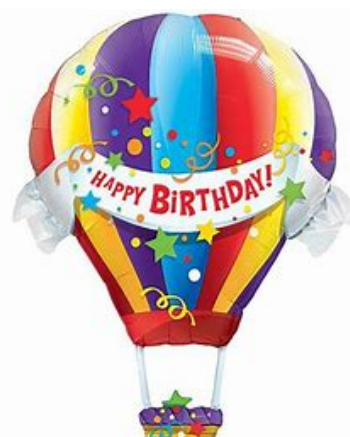
Upcoming Events

15 -25 May – Year 4, 6 Check in Assessments
19 May – Zone Cross Country
22 May - AECG Meeting at Warnervale PS
24 May – National Simultaneous Storytime Day
25 May – Dance group rehearsal
26 May – Sorry Day – Years 3-6 Assembly
29 May – 2 June – Reconciliation week
30 May - Netball PSSA Gala Day
31 May - Stage 3 excursion
31 May – Kindergarten excursion
2 June – Jump Rope for Heart Jump off
2 June – Mufti Day – gold coin donation
5 June – Review meetings
12 June – Wellbeing week
14 June – K-2 Responsible Pets incursion
19 June – Review meetings
27 June – NAIDOC day

MERIT AWARDS

Evelyn
Indiannah
Will
Lovell

Mikayla
Harvey
Angus
Ewan



Kaden
Mindy
Brayson
Ivy-Lee
Ruby
Kendall

From the Office



Attendance

Just a reminder that you can now submit your child's absences in the Sentral Parent Portal App. We are also trialling this term, push notifications in Sentral - you may receive a notification when your child is absent, please try it out and respond through the portal to explain these absences.

Change of Clothes

We have had a run-on muddy clothes recently and our stock of spare clothes has gone down. If you have any of our spare clothing at home, could you please return them to the office washed.

Office Hours

Just a reminder that our office opens at 8.30am and closes at 3.15pm.

Health Care Plans and Allergen Risk Assessments

If we have sent you home a Health Care Plan or Allergen Risk Assessment, could you please return the signed copy back to the office as soon as possible so that we can finalise our 2023 review procedures.

The NSW Department of Education Check in assessments

Check-in assessments are online assessments for students in Years 4 and 6. They are mapped to the NSW Syllabuses and National Literacy and Numeracy Learning Progressions. There are two assessments:

- reading
- numeracy

Each assessment is designed to be quick and easy to administer, consisting of between 40 to 50 multiple choice questions.

The assessment can supplement existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs.

The assessment window will take place from Monday 15 May (Week 4) to Friday 26 May (Week 5). Students who are away from school at any time during those two weeks will be able to catch up until Week 6.

Stage 3 Science Excursion to Bradleys Head, Sydney

As a culmination of the Science unit 'Survival and Adaption,' students will be going to Sydney to take part in the 'Wild Tracker' excursion to investigate and analyse the natural environment of Bradleys Head. Students will identify, group species, and discuss adaptations that help these species to survive and thrive in this area. Students will also learn about the role national parks play in protecting and supporting plants and animals. There is no cost for this excursion as all costs are being covered by the school. Notes have been sent home.



Top Blokes

The next group of lucky Year 6 boys will take part in the Top Blokes mentoring program this term. Over the course of the program, chosen participants will complete 9 workshops on social issues that may impact young boy's health including:

Risk Taking and Peer Pressure - Helping them to identify negative influences in risk taking scenarios as well as developing independent

thinking to help them become more assertive towards their peers.

Online Space – Looking at the consequences of online behaviour, bullying, etc., and with an emphasis towards improving interactions, developing routine online and strategies to address negative behaviour among their peers.

Anger Management – Demonstrate the factors that influence angry outbursts, educating participants on the basic psychological understanding of anger. This session also supports participants to improve their conflict resolution skills and develop self-care techniques to reduce aggressive behaviours.

Masculinity – Help develop an understanding masculinity by analysing external influences and help participants reshape their personal understandings by building a healthier and authentic version of masculinity.

Discrimination – This session supports participants to build empathy, respect and acceptance as well as recognise the impacts of bullying towards others.

Leadership and Teamwork - A practical session where participants foster leadership and teamwork skills through engaging activities. Participants will also develop an understanding of positive attributes needed to achieve their personal goals.

Building Stronger Relationships with Teachers – A session dedicated to helping participants build positive and communicative relationships with their teachers; including having them build respect, trust, and honesty with those at school.

Periods of Transition - We discuss moving from primary to high school; demystifying the expectations they have and developing a positive mindset towards this change.

Kindergarten Science Excursion

Our Kindergarten Science excursion to Hunter Valley Zoo has been organised for Wednesday 31 May. Notes and information were sent home last week.

3 - 6 Cross Country

Our school Cross Country took place at Woongarra Oval on Friday 12 May.

The first 6 competitors across the line in each age group will be competing at the Wallarah Zone carnival on Friday 17 May at Wyong Racecourse.



Stage 3 overnight camp at Broken Bay in Term 4 – Week 8

Years 5 and 6 will be attending a 3-day (2-night) camp at Broken Bay on Monday 27 November to Wednesday 29 November.

Broken Bay is a Sport and Recreation Centre located on the Hawkesbury River. It has a combination of a bush and beach experience, native wildlife, scenic outlooks. It is only accessible by water, and we will be catching a bus and then a ferry to get there.

Further information will follow next term and in Term 4. We are giving you the information early so you can be prepared and start saving.

Paul Kelly Cup

Paul Kelly Cup AFL occurred Tuesday 9 May for stage 3 girls and boys at Don Small Oval, Tacoma. Mrs McLean took the teams and would like to congratulate all students involved on the sportsmanship they displayed on the day. Some students had never played or heard of AFL before and they showed determination and improvement throughout the day. All students represented Woongarra Public School perfectly, demonstrating exceptional sportsmanship and behaviour.

Well done, on a successful gala day.



Girls PSSA Knockout Win

On Tuesday May 16, our girls' soccer team took home an exciting win against Blue Haven PS. The girls worked closely as a team and displayed impressive sportsmanship which helped them score five great goals. They are excited to be off to play round three soon.

Thank you to Kanwal Football Club and those parents who helped put up and take down nets.

Mrs Baker

Boys PSSA Knockout Win

On Wednesday 17 our boys' soccer team took home an amazing victory against Blue Haven PS with a 10-0 win in muddy conditions. Well done Woongarra Boys Soccer team!

News from HB13



After reading Nian, the Chinese New Year Dragon, HB13 created and decorated spiral Chinese dragons.

HB13 enjoyed planning and writing cinquain poems about their favourite animal.



We used 2D shapes to create symmetrical designs.



WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 19 MAY 2023

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 19 MAY 2023!

For more information, visit www.walk.com.au

P and C News

Mother's Day Afternoon Tea

What a beautiful afternoon we had celebrating our Mum's, Nan's and important females in our lives! We hope everyone had a lovely afternoon. There was:

- food organised by the P&C
- juice generously donated by Eastcoast Juices
- a coffee van, Speedy Bee Mobile Café, serving many milkshakes and coffees
- live music by the talented Chloe Louise (her details are on our Facebook page)
- two beautiful displays to take photos with your special people
- fabulous lucky door prizes

A HUGE THANK YOU to the teachers and members of student parliament, who volunteered to help out, the Wyong Lionesses who helped organise in the canteen, and all the parents that helped where they could. We could not have pulled off this event without you!

Please if you have any feedback about the event please get in contact either via our Facebook page (<https://www.facebook.com/woongarrahpandc>) or our email (woongarrahpandc@gmail.com). We welcome all feedback - so we can improve for next time!



Athlete's Foot

A huge thank you to our school community and the Athlete's Foot Tuggerah. We were presented with a \$230 cheque. \$5 for every pair of school shoes purchased from the Athletes Foot is donated to our P&C.

Thank you
Rebecca MacRae
Secretary



Canteen Online Order System

ONLINE ORDERING



- Available 24/7
- Convenient for parents
- Removes paper orders and cash
- FREE registration

Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device.

No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school.

Registration is free and only takes a few minutes.

EASY, ONLINE REGISTRATION

- Go to www.flexischools.com.au
- Click REGISTER NOW
- Enter your email
- You will be emailed a link to an online form - follow the link
- Choose a username and password and complete the form
- Add each student and their class
- Top-up the account - VISA or Mastercard preferred.



Place lunch orders from your iPhone or iPad! Find us in the App Store.



EARLY START

Warm Cheese & Ham Roll	\$2.50
Hot Milo	\$1.20
Pikelets Plain, Butter or Jam	\$0.40
House made Muffins Blueberry, Apple cinnamon	\$0.50
Hot Ham & Cheese Pocket	\$1.00

HOT FOOD (Orders Only)

Large Chicken Tenders	\$1.40
Chicken Wedges (each)	\$1.00
Gluten Free Nuggets (each)	\$0.70
Corn Cob	\$1.00
Lean Sausage Roll	\$3.20
Lean Small Pie	\$2.50
Lean Large Pie	\$4.00
TOMATO/ BBQ SAUCE	\$0.50
In House Pizza:	\$4.00



- Salsa, Mushroom, Capsicum, Cheese V
- BBQ Sauce, Chicken & Cheese
- Salsa, Ham, Pineapple, Cheese
- Salsa & Cheese V

Ham, Cheese, Wrap (toasted)	\$4.00
Hot Chicken & Gravy Roll	\$4.50
Pasta Tomato Salsa & Cheese V	\$4.00
Pasta Bolognese & Cheese	\$4.50
Lasagne	\$4.50
Fried Rice GF	\$3.50
Vegetables & Hokkien Noodle Stir Fry V	\$3.50

Add Chicken

Nachos - Corn Chips Tomato Salsa & Cheese GF V	\$4.50
Nachos - Corn Chips Beef & Cheese GF	\$4.50
CREATE YOUR OWN BURGER	\$5.20

Choose from: Lean Beef Patty/Grilled Chicken Patty

Choose Your Salad and Sauce

Lettuce/tomato/Carrot/Cucumber/Beetroot/Pineapple/Cheese/ Mayo/BBQ/Tomato or Sweet Chilli

Chicken Lettuce Mayo Burger (Grilled Chicken Patty Lettuce Mayo) \$4.50

Chicken & Cheese Burger Chicken Patty Cheese & Sauce \$4.00

Cheese Burger Lean Beef Patty Cheese & Sauce \$4.00

Gluten Free = GF. V = Vegetarian

SANDWICHES WRAPS & ROLLS

All can be toasted

White rolls & Wraps (extra)	\$0.60
Vegemite/ Honey/ Jam	\$2.00
Cheese/ Baked Beans/ Spaghetti/Egg & Mayo	\$2.50
Ham/ Chicken/ Tuna/ Salmon	\$3.00

Extra Filling:

Lettuce/Tomato/Carrot/Cucumber/Pineapple/Beetroot/ Cheese each \$0.50

Basic Salad Sandwich V \$4.00

(Lettuce, Tomato, Carrot, Cucumber, Cheese).

Add: Ham/ Chicken/ Tuna/ Salmon \$1.20

Chicken Wedge Wrap (Wedges, Lettuce, Tomato, Carrot, Cheese)

Sauce Sweet Chilli/BBQ/Tomato Sauce/ Mayo \$5.00

CREATE YOUR OWN SALAD BOX GF V

Small \$4.50 Large \$5.50

Choose from:

Lettuce/ Tomato/ Carrot/ Cucumber/ Pineapple/ Corn/ Beetroot/ Cheese.

Add:

Ham/ Chicken/ Tuna/ Salmon/ Whole Egg \$1.50

Beef or Chicken Patties \$2.00

Caesar Salad Small \$4.50 Large \$5.50

(Lettuce, Lean Ham, Cheese, Egg, Croutons, Caesar Dressing)

Add: Chicken \$1.50

Parents are welcome to bring in Gluten Free cupcakes for birthday parties, bread for sandwiches. We can also heat pies and Sausage rolls. Simply place in a container with name & class clearly marked and we will store in our freezer.

WOONGARRAH WEEKLY \$4 DEALS

Please check the board at the front of the canteen to see the weekly dollar deal

These deals will combine food and small drink and will be changed weekly.



ALL DAY SNACKS

Ham & Cheese Pocket	\$1.00
Warm Macaroni & Cheese Cups	\$1.20
Large Beef Steamed Dim Sims	\$0.60c
Fresh Fruit Kebabs	\$1.00
Fresh Fruit Salad OR Watermelon Cups Sm	\$1.20
	Lge \$1.60
Fresh Fruit	\$1.20
Mango or Mixed Berry & Vanilla Custard cups Sm	\$1.20
	Lge \$2.00
Red Rock Deli Chips Honey Soy	\$1.50
Popcorn Plain GF V	\$1.00
Hummus & Veggie Sticks V GF	\$1.50
Hummus & Corn Chips V GF	\$1.00
Custard Cups GF	\$1.00



DRINKS AVAILABLE ALL DAY

Fruit Cups (Apple, Apple & Blackcurrant) GF	\$1.00
Water 300mls	\$1.00
Water 600mls	\$2.00
Flavoured Milk Light 300ml	\$2.50
(Chocolate, Strawberry, Banana)	
Juice Bombs 99% sparkling Fruit Juice (Watermelon, Blackcurrant)	
Orange Passionfruit	\$2.50
Juice 250ml (Apple, ABC & Orange)	\$2.00
Hot Milo	\$1.20
Slushy 99% Fruit Juice	\$2.00
Fruit Smoothie Seasonal Fruit & Honey GF	\$2.00

FROZEN TREATS

Frozen Fruit Cups (Apple, ABC) GF	\$1.00
Vanilla Ice Cream Cups GF	\$1.20
Quelch Fruit Sticks (99% Juice) HALF \$0.30 FULL	\$0.50
Juicie Tubes 98% Fruit Juice (Tropical, Berry)	\$1.60
Moosies (Chocolate, Blue Moon)	\$1.50
Frozen Juice Pops	\$0.10

PLEASE STATE ON LUNCH BAGS OF ANY ALLIGIES

**Thank You For Your Support
Woongarra Public School 2023**



HAPPY HEALTHY KIDS CANTEENS



Autumn/Winter Extra Menu Items Term 2 2023

Large Potato Topped Pie \$4.60

Small Potato Topped Pie \$3.00

Mild Curry Sausages Vegetables & Rice (carrot zucchini broccoli potato)
HM \$4.50

Burrito (lean beef mince, red beans, carrot, zucchini, slow cooked in a rich tomato sauce wrapped in a soft tortilla) With cheese HM \$5.00

Burrito (lean beef mince, red beans, carrot, zucchini, slow cooked in rich tomato sauce wrapped in a soft tortilla) No cheese HM \$4.50

Vegetarian Spring Rolls (dipping sauce 10c Extra, Soy, Sweet chilli, tomato, BBQ sauce) \$0.50

97% Fat Free Hot Dog & Sauce
\$3.50

97 Fat Free Hot Dog & Sauce Add Cheese
\$4.00

Butter Chicken & Steamed Rice (diced chicken breast, carrot, zucchini, peas & corn) HM \$4.80

Macaroni & Cheese Bake with Ham HM \$4.00

Macaroni & Cheese Bake No Ham HM \$3.50

House Made = HM