



WOONGARRAH PUBLIC SCHOOL

63-73 Mataram Road, WOONGARRAH NSW 2259

ph: 43927493 fax: 43927807

email: woongarra-p.school@det.nsw.edu.au

Website: woongarra-p.schools.nsw.gov.au

The inclusive and caring school where expert staff support students to achieve excellence.

Thursday 15 June

NEWSLETTER

Term 2 Week 8

From the Principal:

Attendance Awards

170 awards were presented last fortnight to students with 100% attendance for the last two weeks, a great result especially as we manage COVID, flu and gastro in our community. We also introduced our new Parent Attendance Draw where one lucky family is randomly drawn from the students who receive these awards for a \$50 Lowes uniform voucher. Our first lucky winners belong to Maisie in Kindergarten who was very excited about this!

We appreciate that students need to stay home if unwell and your support in this space. That's why the awards are for each fortnight, not each term - if students are sick, they might miss one fortnight award, but can be back on track for the next.

We're also working hard on making sure that all absences are explained. You can let us know by email, by Skoolbag, by Sentral or by phone – just let us know, so that we make sure we are doing everything we can together to keep students at school, because every day counts.

Student Financial Assistance is available

A reminder that the school is able to support families with financial assistance if you need it for uniforms, excursions and extra curricula activities. We have a limited number of Lowes cards that might help with uniforms. We can also offer payment plans for our Stage 3 camp in Term 4 if you would like to start early. Please contact the office to request a confidential form that you submit to the Principal.

Did you know that the school has funded (or will fund) the following activities for students this year at no cost to families:

- Kindy excursion to Hunter Valley Zoo
- Stage 1 excursion to Reptile Park
- Stage 2 excursion with Ranger Pete
- Stage 3 excursion to Bradleys' Head
- Central Coast Dance Festival Boys and Girls Dance costumes and rehearsals
- Central Coast Choral Festival
- Wallarah Zone Swimming, Cross Country, and Athletics carnivals
- Years 3-6 Athletics carnival at Mingara
- Interrelate Program for Stage 3 students
- Top Blokes Program for Stage 3 boys
- Mathletics and Reading Eggs subscriptions for students K-6
- All classroom supplies and equipment

The brilliance of 175 years of universal Public Education for all is well and truly alive at Woongarra PS. We are very lucky!

Kindergarten Enrolments

The school is now accepting Kindergarten enrolments for 2024.

To check that Woongarra Public School is your local school, use: [School Finder \(nsw.gov.au\)](https://www.schoolfinder.nsw.gov.au)

Enrolments forms are completed online at: [Online Enrolment Application \(nsw.gov.au\)](https://www.schoolfinder.nsw.gov.au)

Planned Kindergarten Orientation events include:

Teddy Bears Picnic on Wednesday 1 November

Kindergarten Orientation and parent information session on: Wednesday 8 November

Kindergarten Orientation session 2: Wednesday 15 November

Kindergarten Orientation session 3: Wednesday 22 November

More information about our events will be sent to fully enrolled Kindergarten 2024 families via email in terms 3 & 4. If you have any questions about Kindergarten 2024, please contact Mrs Sharon Buhr.

Aboriginal Education

Term 2 celebrates many significant Indigenous events. Our Stage 3 Aboriginal leaders led a powerful Sorry Day assembly on Friday 26 May to recognise the Stolen Generation. May 27 – June 3 marked Reconciliation Week and classes engaged in various activities to mark this event.

Cultural groups have continued every Thursday. The students engage in Dhinewan Mentoring in the even weeks and didge and artefacts/storytelling in the odd weeks. The students are currently learning traditional Aboriginal dances for NAIDOC Day in Week 10.

NAIDOC Day

NAIDOC Day will be celebrated on Wednesday 28 June (Term 2 Week 10). It will be a K-6 event at school. All parents and carers are welcome to the morning assembly that will include traditional dances performed by our Aboriginal students and a smoking ceremony. The assembly will commence at 9:15am under the COLA. Students can wear yellow, black or red clothes on NAIDOC day. After the assembly, students will complete Aboriginal activities in their classes or year groups.

Bianca Baker

Aboriginal Education Coordinator

Mufti Day Gratitude

Thank you so much to everyone who contributed to our Stewart House mufti day event last week. We raised \$366.95 for Stewart House – a most worthy charity.

From their website - <https://www.stewarthouse.org.au/>

WELCOME TO STEWART HOUSE

Every year, 1,600 public school children attend our safe haven next to Curl Curl beach at no cost to their parents or carers. During a 12-day stay, they are provided with dental, optical, hearing, and medical screening and treatment.

Children participate in educational programs and excursions designed to develop their social and emotional skills, build self-esteem and improve their overall wellbeing.

This experience provides children with a much-needed break from their current circumstances. Our children are inspired to see beyond the present and to have real hope and positive aspirations for their future.

Children in the care of Stewart House attend a specific purpose school onsite for 10 days of their 12-day stay. The NSW Department of Education provides infrastructure and staffing support for this school.

All other costs associated with the children's stay are met from charitable donations.

DONATE NOW

Athletics Carnival – Monday 31 July

Our annual athletics carnival will be held at Mingara on Monday 31 July. Students need to be at school by 8:30am as we will be leaving on buses at 8.40am sharp.

The 200m races will start the carnival at 9:30 am in the following order: Senior Boys, Senior Girls, Junior Boys (8,9,10), Junior Girls (8,9,10), 11 years Boys and 11 years Girls. During the 200m races students will stay in the stands with their house team. This will be the only time all students will be together on the day.

Once the 200m races are done the format changes. The following events are done in a rotation system designed to encourage participation. **No child will be in the stands** as they will move with their age group from event to event.

Age groups are determined by age that the children are turning in 2023.

	100m & 800m	Shot Put	Long Jump	High Jump
10.25 – 11.15	8/9 years	12 years	11 years	10 years
11.15 – 12.05	10 years	8/9 years	12 years	11 years
12.05 – 12.25				
12.30 – 1.20	11 years	10 years	8/9 years	12 years
1.20 – 2 pm	12 years	11 years	10 years	8/9 years

100m races are age events - 8yrs, 9yrs, 10yrs, 11yrs and 12/13 yrs.

All other events are grouped as Junior Boys (8,9,&10yrs), Junior Girls (8,9&10yrs), 11 years Boys, 11 years Girls / Senior Boys (12/13yrs) and Senior Girls (12/13yrs)

The school will be using timing gates which are a computerised timing system. This new technology will eliminate the role of timekeepers and judges.

All results will be finalised after the carnival. Ribbons will be awarded to the fastest three times across all heats at the following assembly on Friday 11 August. This will be a 3-6 assembly.

Wendy Lee

Library News

HB6 will now have library on a Thursday.



Girls Soccer Team

Our senior girls soccer team participated in a gala day last Tuesday as part of the PSSA knockout competition. The girls managed to just hold onto



their lead in the first game, taking home Round 3 with a 3-2 win against Toukley PS.

This sent them to Round 4, where they went up against Northlakes PS. The girls found their second wind and won convincingly with a score of 5-0. They are now eagerly awaiting to play Round 5 in the coming weeks.



Well done, girls!

Bianca Baker

Girls' Soccer Coordinator

Responsible Pets Incursion

On Wednesday 14 June, K-2 classes attended the Responsible Pets Ownership Program. They learnt about owning a pet and how dogs show if they are scared, happy or angry. The students learnt the correct way to approach a dog eg 1. Walk up slowly and stop. 2. Ask the dog's owner. 3 Smell your hand and 4. Stroke gently the back of the dog. Thank you to Katherine and Mac for visiting our school.



Assemblies

Week	Day	Year	Hosting
8	Friday 16 th June	3-6	HB2
9	Friday 23 rd June	K-2	HB5
10	Friday 30 th June	3-6	HB1

Assemblies Term 3

Week	Day	Year	Hosting
2	Friday	3-6	HB22
3	Friday	K-2	HB6
4	Friday	3-6	HB15
5	Friday	K-2	HB14
6	Friday	3-6	HB7

Upcoming Events

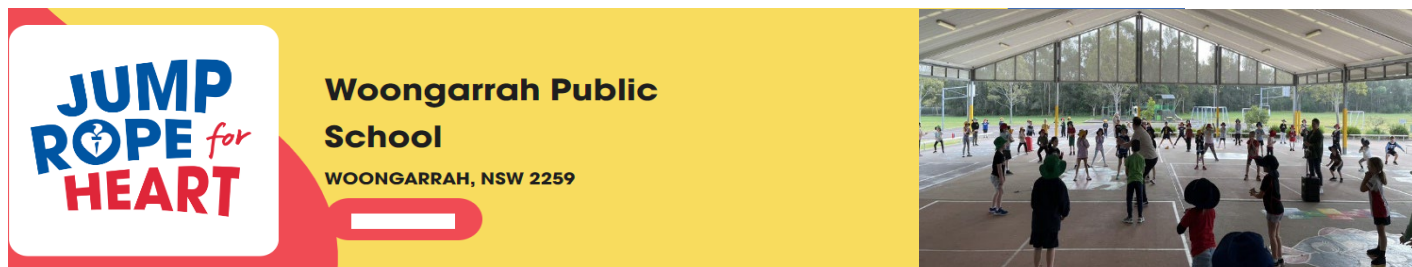
Term 2 Dates

19 June – Review meetings
 19 & 26 June – Central Coast Dance Festival Performances
 27 June – Spelling Bee finals
 28 June – NAIDOC day

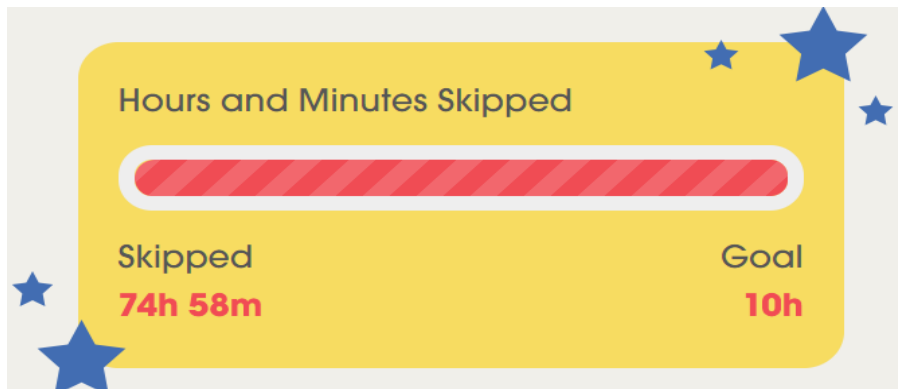
Term 3 Dates

17 July – Staff Development Day.
 18 July – Students return.
 27 July - Interrelate
 28 July – SRC PJs mufti to support Smith Family
 31 July – 3-6 Athletics Carnival
 31 July – Education Week – more details next term





We have completed the Jump Rope for Heart program, skipping a total of



Students completed the program by participating in the final jump off day last Friday and had a ball. They participated in a range of rotational activities, showed off their new found skipping skills and received their certificates.

We have raised:

Raised **\$8,131**

Goal **\$7,800**

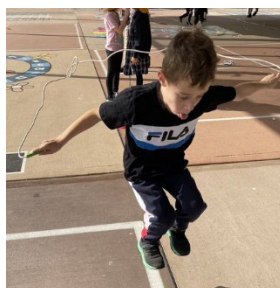


We would like to thank all the students and their families for their donations and participating to raise funds for a worthy cause. A special mention goes to the following students on their exceptional fundraiser efforts.

1. Kathleen – HB4 – raised \$922.88.
2. Harrison – HB4 – raised \$765.40.
3. Elora Lees – HB1 – raised \$763.10.
4. Laila – HB16 – raised \$519.56.
5. Jasmyn-Rose & Jonah – HB2 & HB9 – raised \$501.98 together.

All donations are now closed, and the prizes have been allocated and are currently being delivered to the school for those who raised funds.

Thank you all for your efforts and enjoyment during the program and make sure you keep skipping!



Thursday 27 July

6:00pm - Session 1: Where Did I Come From?

Audience: Year 3 and 4 students and their parents/carers

Program focus:

- Discuss the male and female reproductive systems, foetal development and the birth process
- Personal safety and protective behaviours

7:15 pm Session 2: Preparing for Puberty

Audience: Year 5 and 6 students and their parents/carers

Program focus:

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
- Enhance awareness of children's personal safety and protective behaviours

Note: Younger students are welcome to attend at the discretion of their parents/carers.

A note will be sent home with an RSVP slip and the costs of these sessions.

We are looking forward to seeing you there.



BIRTHDAYS

**Frankie
Claire
Kailey
Malachi
Clara
Moses**



Free family fun with the Parliament of NSW

MONDAY-FRIDAY 3-7 JULY 2023 ONLINE

PROGRAMS FOR CHILDREN UP TO 12 YEARS

- Mirri Mirri cultural education session**
Monday 3 July, 1-2 pm
Wednesday 5 July, 1-2 pm
- Virtual guided visit of the Parliament of NSW**
Tuesday 4 July, 9-10 am
Thursday 6 July, 9-10 am
- Storytelling session**
Friday 7 July, 9-10 am
- Storytelling and drawing activity**

Visit Australia's oldest Parliament via ZOOM this school holiday for **free** fun educational activities for children and families.

We have 5 days of fun events planned including storytelling, Aboriginal cultural session and a virtual guided visit through the newly refurbished chambers.

BOOK NOW



BOOKINGS ESSENTIAL
P: (02) 9230 2047
E: communityengagement@parliament.nsw.gov.au

WHERE ONLINE

MORE INFORMATION
parliament.nsw.gov.au/events

Canteen News



HAPPY HEALTHY KIDS CANTEENS



Autumn/Winter Extra Menu Items Term 2 2023

Large Potato Topped Pie	\$4.60
Small Potato Topped Pie	\$3.00
Mild Curry Sausages Vegetables & Rice (carrot zucchini broccoli potato)	HM \$4.50
Burrito (lean beef mince, red beans, carrot, zucchini, slow cooked in a rich tomato sauce wrapped in a soft tortilla) With cheese	HM \$5.00
Burrito (lean beef mince, red beans, carrot, zucchini, slow cooked in rich tomato sauce wrapped in a soft tortilla) No cheese	HM \$4.50
Vegetarian Spring Rolls (dipping sauce 10c Extra, Soy, Sweet chilli, tomato, BBQ sauce)	\$0.50
97% Fat Free Hot Dog & Sauce	\$3.50
97 Fat Free Hot Dog & Sauce Add Cheese	\$4.00
Butter Chicken & Steamed Rice (diced chicken breast, carrot, zucchini, peas & corn)	HM \$4.80
Macaroni & Cheese Bake with Ham	HM \$4.00
Macaroni & Cheese Bake No Ham	HM \$3.50
House Made = HM	

EARLY START

Warm Cheese & Ham Roll	\$2.50
Hot Milo	\$1.20
Pikelets Plain, Butter or Jam	\$0.40
House made Muffins Blueberry, Apple cinnamon	\$0.50
Hot Ham & Cheese Pocket	\$1.00

HOT FOOD (Orders Only)

Large Chicken Tenders	\$1.40
Chicken Wedges (each)	\$1.00
Gluten Free Nuggets (each)	\$0.70
Corn Cob	\$1.00
Lean Sausage Roll	\$3.20
Lean Small Pie	\$2.50
Lean Large Pie	\$4.00
TOMATO/ BBQ SAUCE	\$0.50
In House Pizza:	\$4.00



- Salsa , Mushroom, Capsicum, Cheese V	
- BBQ Sauce, Chicken & Cheese	
- Salsa, Ham, Pineapple, Cheese	
- Salsa & Cheese V	
Ham, Cheese, Wrap (toasted)	\$4.00
Hot Chicken & Gravy Roll	\$4.50
Pasta Tomato Salsa & Cheese V	\$4.00
Pasta Bolognese & Cheese	\$4.50
Lasagne	\$4.50
Fried Rice GF	\$3.50
Vegetables & Hokkien Noodle Stir Fry V	\$3.50
Add Chicken	\$4.50
Nachos -Corn Chips Tomato Salsa & Cheese GF V	\$4.00
Nachos -Corn Chips Beef & Cheese GF	\$4.50
CREATE YOUR OWN BURGER	\$5.20
Choose from: Lean Beef Patty/Grilled Chicken Patty	
Choose Your Salad and Sauce	
Lettuce/tomato/Carrot/Cucumber/Beetroot/Pineapple/Cheese/	
Mayo/BBQ/Tomato or Sweet Chilli	
Chicken Lettuce Mayo Burger (Grilled Chicken Patty Lettuce Mayo)	\$4.50
Chicken & Cheese Burger Chicken Patty Cheese& Sauce	\$4.00
Cheese Burger Lean Beef Patty Cheese & Sauce	\$4.00

Gluten Free = GF. V = Vegetarian

SANDWICHES WRAPS & ROLLS

All can be toasted

White rolls & Wraps (extra)	\$0.60
Vegemite/ Honey/ Jam	\$2.00
Cheese/ Baked Beans/ Spaghetti/Egg & Mayo	\$2.50
Ham/ Chicken/ Tuna/ Salmon	\$3.00

Extra Filling:

Lettuce/Tomato/Carrot/Cucumber/Pineapple/Beetroot/	
Cheese	each \$0.50

Basic Salad Sandwich V	\$4.00
(Lettuce, Tomato, Carrot, Cucumber, Cheese).	
Add: Ham/ Chicken/ Tuna/ Salmon	\$1.20

Chicken Wedge Wrap (Wedges, Lettuce, Tomato, Carrot, Cheese)

Sauce Sweet Chilli/BBQ/Tomato Sauce/ Mayo	\$5.00
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CREATE YOUR OWN SALAD BOX GF V

Small \$4.50 Large \$5.50

Choose from:

Lettuce/ Tomato/ Carrot/ Cucumber/ Pineapple/ Corn/	
Beetroot/ Cheese.	

Add:

Ham/ Chicken/ Tuna/ Salmon/ Whole Egg	\$1.50
Beef or Chicken Patties	\$2.00

Caesar Salad	Small \$4.50	Large \$5.50
(Lettuce, Lean Ham, Cheese, Egg, Croutons, Caesar Dressing)		
Add: Chicken		\$1.50

Parents are welcome to bring in Gluten Free cupcakes for birthday parties, bread for sandwiches. We can also heat pies and Sausage rolls. Simply place in a container with name & class clearly marked and we will store in our freezer.

WOONGARRAH WEEKLY \$4 DEALS

Please check the board at the front of the canteen to see the weekly dollar deal
These deals will combine food and small drink and will be changed weekly.



ALL DAY SNACKS

Ham & Cheese Pocket	\$1.00
Warm Macaroni & Cheese Cups	\$1.20
Large Beef Steamed Dim Sims	\$0.60c
Fresh Fruit Kebabs	\$1.00
Fresh Fruit Salad OR Watermelon Cups	Sm \$1.20
	Lge \$1.60
Fresh Fruit	\$1.20
Mango or Mixed Berry & Vanilla Custard cups	Sm \$1.20
	Lge \$2.00
Red Rock Deli Chips Honey Soy	\$1.50
Popcorn Plain GF V	\$1.00
Hummus & Veggie Sticks V GF	\$1.50
Hummus & Corn Chips V GF	\$1.00
Custard Cups GF	\$1.00



DRINKS AVAILABLE ALL DAY

Fruit Cups (Apple, Apple & Blackcurrant) GF	\$1.00
Water 300mls	\$1.00
Water 600mls	\$2.00
Flavoured Milk Light 300ml	\$2.50
(Chocolate, Strawberry, Banana)	
Juice Bombs 99% sparkling Fruit Juice(Watermelon, Blackcurrant Orange Passionfruit)	\$2.50
Juice 250ml (Apple, ABC & Orange)	\$2.00
Hot Milo	\$1.20
Slushy 99% Fruit Juice	\$2.00
Fruit Smoothie Seasonal Fruit & Honey GF	\$2.00

FROZEN TREATS

Frozen Fruit Cups (Apple, ABC) GF	\$1.00
Vanilla Ice Cream Cups GF	\$1.20
Quelch Fruit Sticks (99% Juice) HALF \$0.30 FULL	\$0.50
Juicic Tubes 98% Fruit Juice (Tropical, Berry)	\$1.60
Moosies (Chocolate, Blue Moon)	\$1.50
Frozen Juice Pops	\$0.10

PLEASE STATE ON LUNCH BAGS OF ANY ALLIGIES

**Thank You For Your Support
Woongarra Public School 2023**